

SAFE ABORTION CARE

Pregnant? Not sure what to do? Marie Stopes is there for you.

Whatever you decide: adoption, abortion or continuing and being a parent - **it's your body and your choice.**

If you have decided not to continue with your pregnancy, we offer confidential and safe abortion care in a warm and caring environment.

For more details, or to make an appointment at one of our centres, book online at: www.mariestopes.org.za or call 0800 11 77 85 to speak to a consultant.

Marie Stopes South Africa is the country's largest non-profit provider of sexual & reproductive healthcare services.

As part of the 38 country-strong Marie Stopes International Global Partnership, we have access to the latest innovations and expertise in the field of sexual and reproductive health.

In South Africa, we operate a network of centres across South Africa which offer:

- Safe abortion care
- Post abortion care
- A range of short & long-acting contraceptives
- Emergency contraception
- Pap smears / cervical cancer screening
- Women's wellness exams
- HIV counselling and testing
- Screening and management of STIs
- Pregnancy tests and scans
- Vasectomy*

*Available at selected centres.



For more information on our services, pricing and centre locations or to make a booking:

0800 11 77 85



or Whatsapp 062 595 2446

www.mariestopes.org.za



Safe Abortion Care

Your body, your choice

To view a digital version of this material and many other health topics sms "MARIE" to 43990
Standard sms rates apply

Demystifying abortion... frequently asked questions



Is abortion legal?

Yes. The Choice of Termination of Pregnancy Act, 1996 protects the right of women of any age to access abortion legally in South Africa, at a designated facility by a trained provider - **up to 20 weeks of pregnancy.**

Is abortion safe?

Yes. When carried out by a trained professional in a clinical environment that complies with health and safety standards of the Department of Health.

At Marie Stopes, an expert nurse or doctor will provide pre-care information on the day of your appointment and make time to answer any questions you may have.

Do I have to get my parents' permission if I want to get an abortion?

Women under 18 do not require parental consent.

Can I start contraceptives on the same day I get an abortion?

Yes, you may start your chosen contraceptive method on the same day as your procedure. However, in the case of the Medical process, you will have to return to the centre 10 days after process has commenced. A contraceptive method of your choice is included in your safe abortion package.



What abortion methods are available?

- 1. Marie Stopes Procedure** (4 to 20 weeks) is a simple, same-day method. The appointment includes a consultation with pre and post care, the procedure itself takes between 5 & 10 minutes & then you will have to spend some time in the recovery room afterwards. We offer pain medication as required and a sedation option at selected centres.
- 2. Marie Stopes Medical Process** (4 to 9 weeks only) is a combination of tablets, where the first tablet is taken at the centre on the day of your appointment, and the second set of tablets is taken later at home. A nurse will help make sure you are prepared for the treatment at home.

Where is abortion available?

Safe abortion care, also called termination of pregnancy, is offered at our network of centres nationwide, as well by some private doctors and in most government healthcare facilities. Anyone who is not willing to provide the service has an obligation to refer you to a provider who can assist.

How much does abortion cost?

The cost at our centres varies according to:

- The Marie Stopes centre you choose
- The stage of your pregnancy
- The method you choose (medical process or procedure)

Marie Stopes South Africa has payment options available for women who would like to access services without delay. Talk to us for assistance with a payment plan.

Our package of care

We support our clients' overall health and future fertility planning. Safe abortion services include a pregnancy assessment, a pre-counselling session, a free contraceptive method and aftercare services.

How can I get more information?

For details on our centre locations & services offered at each centre or to make a booking visit www.mariestopes.org.za or call 0800 11 77 85 to speak to a consultant.

Ensure you have a safe abortion?

Safe abortion is provided by a specially trained nurse or doctor in a facility designated by the Department of Health.

Marie Stopes does NOT provide services outside of our centres, so be cautious of anyone using our name or logo outside our facilities.

Watch out for any abortion provider who:

- does not have a landline phone number or a fixed address,
- does not provide a clinical examination and determine the correct stage of pregnancy,
- does not provide aftercare services or make themselves available for questions,
- offers to provide medical abortion beyond 9 weeks and any abortion services beyond 20 weeks,
- offers free delivery of abortion pills.

