

NATURE'S ANTIBIOTIC

WHAT ARE ANTIBIOTICS?

Antibiotics were first used in the 1940s. As one of the greatest breakthroughs of modern medicine, they were developed to treat infections caused by harmful bacteria.¹ Antibiotics are effective against bacteria because they work to kill these living organisms by stopping them growing and reproducing.

WHAT TYPES OF ILLNESSES ARE TREATED USING ANTIBIOTICS?

Illnesses commonly caused by bacteria include urinary tract infections, certain types of pneumonia, meningitis and acne. Ear, nose and throat infections including strep throat may be treated using antibiotics, as well as sinus infections, other skin infections and certain respiratory tract infections including tuberculosis. (Infections caused by viruses will not respond to treatment by antibiotics).¹

IS THERE ANY DRAWBACK TO USING ANTIBIOTICS?

Antibiotics can save lives, especially when used to treat life-threatening infections like bacterial pneumonia.² However, IMPROPER USE of antibiotics results in **resistance**. Resistance is when certain types of bacteria no longer respond to the antibiotics used.

Resistance occurs when antibiotics are not taken long enough, or when the prescribed course of antibiotics is not completed as per instructions. Over-prescription of antibiotics is another common problem.²

Another way in which resistance occurs is when broad-spectrum antibiotics (antibiotics that fight several different types of bacteria) are used frequently.² Besides the problem of resistance, antibiotics have side-effects which may include a stomach upset, diarrhoea or even an allergic reaction.¹

IS THERE A NATURAL ALTERNATIVE TO ANTIBIOTICS?

Yes. The increasing cost of conventional therapy, as well as resistance issues and side-effects have led to increased emphasis on the use of plant materials as a source of treatments for a wide variety of human conditions.³

TIBB Septogard Tablets and Syrup have been referred to as 'nature's antibiotic'. Septogard has been scientifically formulated to help bring bacterial and viral⁴ infections under control, as well as to boost the immune system.

WHAT DOES TIBB SEPTOGARD CONTAIN?

The Tablets and Syrup contain a clever combination of natural ingredients relied on for thousands of years to heal and restore. These include, among others:

- *Tinospora cordifolia*: well known for its immunomodulatory response (stimulates the immune system)⁵
- *Emblica officinalis*: also known for boosting immunity³
- *Rubia cordifolia*: immunity booster and anti-microbial activity⁶
- *Saussurea lappa*: immunity booster⁷



CALL TOLL FREE : 0800 383 784

Tibb Health Sciences (Pty) Ltd | 1137 Anvil Road,
Robertville, Roodepoort

Tel: +27 11 991 7300 | Fax: +27 11 991 7336

Our website www.tibbherbals.com



tibbhealth

To view a digital version of this material and many other health topics sms "NATURAL" to 43990
Standard sms rates apply

WHAT CAN SEPTOGARD BE USED FOR?

TREAT INFECTIONS:

- Treatment of upper- and lower-respiratory tract infections
- Ear, nose and throat infections
- Allergic disorders of the upper respiratory tract
- Skin and soft tissue infections and inflammation
- Urinary tract infections

GENERAL IMMUNE BOOSTER:

Septogard can be used all year round to help your immune system function optimally.

WHO CAN USE SEPTOGARD?

Septogard can be used by babies, children and adults.

WHAT IS THE DOSAGE?

Syrup: **Infants:** ½ to 1 medicine measure, 2-3 times a day or as directed by a practitioner

Children: 1-2 medicine measures, 2-3 times a day or as directed

Adults: Proportionately higher

Tablets: **Adults:** 1-2 tablets, 3-4 times a day or as directed



PLEASE NOTE: It is vital to consult a medical practitioner when you or your family members feel ill. Identifying the underlying cause of your symptoms is important. TIBB Septogard may be taken in conjunction with other conventional medications such as antibiotics, if desired.

References: 1. <http://kidshealth.org/en/parents/antibiotic-overuse.html#> 2. <http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0072621/> 3. <http://www.herbcyclopedia.com/item/health-benefits-of-indian-gooseberry-emblica-officinalis-2> 4. <http://www.tibbhealth.com/product-detail/septogardsyrup/> 5. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3644751/> 6. <http://globalresearchonline.net/journalcontents/v25-1/27.pdf> 7. <http://www.sciencedirect.com/science/article/pii/S1995764514602042>



Distributed by Medinformer.

To reorder tear-sheets please contact us on +27 21 438 0841 or services@medinformer.co.za.

This content is protected in terms of the Copyright Act 98 of 1978.